













Small Group/ Reflection Notes

08-02-2026		Martha, Mary AND Lazarus	
<div></div> <div>Start</div>	<div><input type="checkbox"/> What's a small thing that made you smile this week?</div>		
<div></div> <div>Discuss</div>	<div><div><input type="checkbox"/> What, if any, experience have you had of living in a diverse or quirky household?</div><div><input type="checkbox"/> Who are 'normal people'? Who gets to decide what 'the norm' is?</div><div><input type="checkbox"/> What does knowing more about neurodiversity (e.g. autism, ADHD, dyslexia, dyspraxia..) enable us to be and do?</div><div><input type="checkbox"/> What might/ does it feel to be neurodiverse in a neurotypical world?</div><div><input type="checkbox"/> How can we create a growing community (safe space) where neurodiverse people feel comfortable being the person God created them to be, without needing to 'mask' or pretend to be neurotypical?</div><div><input type="checkbox"/> What are some of the unique, <u>positive</u> gifts that neurodiverse people bring to our church or small group?</div><div><input type="checkbox"/> "We spend a lifetime getting to know, and then, love, ourselves, as God has wired us to be." Discuss.</div></div>		
<div></div> <div>Read</div>	<div>Luke 10:38-42</div> <div>John 12:1-11</div>	<div></div> <div>Listen again</div>	<div>ChesterRoadBaptist.org.uk/Watch</div> <div>ChesterRoadBaptist.org.uk/Talks</div>
<div></div> <div>Study</div>	<div><div><input type="checkbox"/> What might Martha's personality/ characteristics have been like? How might these have <i>helped</i> her engage with Jesus? With others? How could these have <i>hindered</i> her engagement with Jesus? With others?</div><div><input type="checkbox"/> What might Mary's personality/ characteristics have been like? How might these have <i>helped</i> her engage with Jesus? With others? How could these have <i>hindered</i> her engagement with Jesus? With others?</div><div><input type="checkbox"/> Lazarus is never recorded in the Bible as saying anything, despite all that happened to him. Why? Today, how can/ do those who are 'non-verbal' engage with Jesus? When have you seen this?</div></div>		
<div></div> <div>Go further</div>	<div><div><input type="checkbox"/> Genesis 1:26-27: If 'adam' also means 'humanity', how is God's image reflected through those who are neurodiverse e.g. autistic or ADHD? Do we get a stronger or weaker image of God when neurodiverse people are present?</div><div><input type="checkbox"/> Psalm 139:13-14: Does God drop the occasional stitch or is God the perfect 'knitter'? What does this say about how we/ others are made? How easy is it to praise God <i>because</i> of how <i>we</i> are made?</div><div><input type="checkbox"/> Luke 10:27: What's easier: love God? Love others? Love yourself? Why is health found in learning to love all three: God, others <i>and</i> self? What happens when we only love.. <i>God</i> (but not others or self)? ..<i>Others</i> (but not God or self)? ..<i>Self</i> (but not God or others)? How do we learn to love ourselves? How do we love God with, or filtered through, our personality/ characteristics?</div></div>		

 Reflect	<input type="checkbox"/> Which verse stands out to you? Why do you think it grabs your attention? <input type="checkbox"/> Which verse(s) will you need to think more about? Why? <input type="checkbox"/> Are you more <i>neurotypical</i> or more <i>neurodiverse</i> ?
 Do	<input type="checkbox"/> Curious if you might have autistic traits? Complete the AQ50 autism self-assessment tool, developed by University of Cambridge, HERE . <input type="checkbox"/> Curious if you might have ADHD traits? Complete a simple self-assessment tool HERE .
 Pray	Creator God, Praise you for the glorious diversity of your creation. Thank you for minds that think differently and hearts that feel deeply. Grant deep, abiding peace in a loud and often overwhelming world. Amen.
 My questions:	

Access Small Group/ Reflection notes from: ChesterRoadBaptist.org.uk/Notes

If you're not yet in a small group, why not join one! Check out : ChesterRoadBaptist.org.uk/SmallGroups

Can't see a group to suit your availability/interest? Start one! SmallGroups@ChesterRoadBaptist.org.uk

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