



Small Group/ Reflection Notes

	08-02-2026	Martha, Mary AND Lazarus	
 Start	<input type="checkbox"/> What's a small thing that made you smile this week?		
 Discuss	<input type="checkbox"/> What, if any, experience have you had of living in a diverse or quirky household? <input type="checkbox"/> Who are 'normal people'? Who gets to decide what 'the norm' is? <input type="checkbox"/> What does knowing more about neurodiversity (e.g. autism, ADHD, dyslexia, dyspraxia..) enable us to be and do? <input type="checkbox"/> What might/ does it feel to be neurodiverse in a neurotypical world? <input type="checkbox"/> How can we create a growing community (safe space) where neurodiverse people feel comfortable being the person God created them to be, without needing to 'mask' or pretend to be neurotypical? <input type="checkbox"/> What are some of the unique, <u>positive</u> gifts that neurodiverse people bring to our church or small group? <input type="checkbox"/> "We spend a lifetime getting to know, and then, love, ourselves, as God has wired us to be." Discuss.		
 Read	Luke 10:38-42 John 12:1-11	 Listen again	ChesterRoadBaptist.org.uk/Watch ChesterRoadBaptist.org.uk/Talks
 Study	<input type="checkbox"/> What might Martha's personality/ characteristics have been like? How might these have <i>helped</i> her engage with Jesus? With others? How could these have <i>hindered</i> her engagement with Jesus? With others? <input type="checkbox"/> What might Mary's personality/ characteristics have been like? How might these have <i>helped</i> her engage with Jesus? With others? How could these have <i>hindered</i> her engagement with Jesus? With others? <input type="checkbox"/> Lazarus is never recorded in the Bible as saying anything, despite all that happened to him. Why? Today, how can/ do those who are 'non-verbal' engage with Jesus? When have you seen this?		
 Go further	<input type="checkbox"/> Genesis 1:26-27 : If 'adam' also means 'humanity', how is God's image reflected through those who are neurodiverse e.g. autistic or ADHD? Do we get a stronger or weaker image of God when neurodiverse people are present? <input type="checkbox"/> Psalm 139:13-14 : Does God drop the occasional stitch or is God the perfect 'knitter'? What does this say about how we/ others are made? How easy is it to praise God <i>because</i> of how we are made? <input type="checkbox"/> Luke 10:27 : What's easier: love God? Love others? Love yourself? Why is health found in learning to love all three: God, others <i>and</i> self? What happens when we only love.. God (but not others or self)? ..Others (but not God or self)? ..Self (but not God or others)? How do we learn to love ourselves? How do we love God with, or filtered through, our personality/ characteristics?		

 Reflect	<input type="checkbox"/> Which verse stands out to you? Why do you think it grabs your attention? <input type="checkbox"/> Which verse(s) will you need to think more about? Why? <input type="checkbox"/> Are you more <i>neurotypical</i> or more <i>neurodiverse</i> ?
 Do	<input type="checkbox"/> Curious if you might have autistic traits? Complete the AQ50 autism self-assessment tool, developed by University of Cambridge, HERE . <input type="checkbox"/> Curious if you might have ADHD traits? Complete a simple self-assessment tool HERE .
 Pray	Creator God, Praise you for the glorious diversity of your creation. Thank you for minds that think differently and hearts that feel deeply. Grant deep, abiding peace in a loud and often overwhelming world. Amen.
 My questions:	

Access Small Group/ Reflection notes from: ChesterRoadBaptist.org.uk/Notes

If you're not yet in a small group, why not join one! Check out : ChesterRoadBaptist.org.uk/SmallGroups
Can't see a group to suit your availability/interest? Start one! SmallGroups@ChesterRoadBaptist.org.uk