



Small Group/ Reflection Notes

18-01-2026		Good grief	
	<input type="checkbox"/> Play a game of Synonyms. Begin with a word (e.g. eating, confident, urinate, death). The group/ you have 60 seconds to name words/ phrases that convey the same meaning/ action.		
	<input type="checkbox"/> Why do we sometimes avoid saying the word 'death' or dying', preferring instead to use a euphemism? <input type="checkbox"/> When have you grieved the loss of <i>something</i> or <i>someone</i> ? <input type="checkbox"/> How can we support someone who is grieving? <input type="checkbox"/> How can Christians help people engage with death and dying? Why? <input type="checkbox"/> "When we're angry/ raging at God, deep down, we're accepting that God not only exists but is listening to us." Discuss. <input type="checkbox"/> Why is grief natural (and healthy), even when we've got strong Christian faith?		
	<u>John 11:17-33</u>		ChesterRoadBaptist.org.uk/Watch ChesterRoadBaptist.org.uk/Talks
	v.17-19: How might Jesus' 4-day delay have added to Martha & Mary's distress? What are good ways to respond when you hear someone has been bereaved? v.20-21: What do you hear in <i>Martha's</i> statement? Have you ever felt angry with God? v.22-26: How did Jesus respond to Martha's anger? How do we avoid Biblical truths becoming religious platitudes/ cliches? How can we hold two truths simultaneously: ' <i>God is good</i> ' and ' <i>I am hurting</i> '? v.27-28: Why might to His face Martha have called Jesus ' <i>the Messiah</i> ', but to her sister referred to Him as ' <i>the teacher</i> '? v.29-32: What do you hear in Mary's statement? How was Mary's reaction different to Martha's? Why is it important to remember that grief is different for each person? v.33-35: Who was Jesus weeping for? If Jesus knew what He was about to do, why did He still weep? What does this say about Jesus? v.36-37: How can we respond when people say, 'Why do bad things happen to good people?'		
	<input type="checkbox"/> How is Jesus 'the resurrection and the life'? (John 11:25-26) <input type="checkbox"/> Why is Jesus 'the resurrection and the life'? (John 11:25-26) <input type="checkbox"/> What does it mean to be 'believe in me'?		
	<input type="checkbox"/> Which verse stands out to you? Why do you think it grabs your attention? <input type="checkbox"/> Which verse(s) will you need to think more about? Why? <input type="checkbox"/> Jesus said, "I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die." (John 11:25-26) Do <u>you</u> believe this? Why? How? When?		

 Do	<p><input type="checkbox"/> Find out about grief support. For example, check out Cheser Road's Good Grief support group: ChesterRoadBaptist.org.uk/GoodGrief</p>
 Pray	<p>Use the Breathe! Healing & Wholeness format to pray for those who are sick or in need of God's intervention. No need for details; simply name them before God.</p> <p>One person says: Spirit of God, enter the life of [_____], Your much-loved child. Come with Your healing and wholeness, Your peace, and Your freedom.</p> <p>All respond: Together, we ask this in the powerful name of Jesus Christ.</p> <p>Repeat, with someone else praying for another person. Keep going till you run out of people to name before God.</p>
 My questions:	

Access Small Group/ Reflection notes from: ChesterRoadBaptist.org.uk/Notes

If you're not yet in a small group, why not join one! Check out : ChesterRoadBaptist.org.uk/SmallGroups

Can't see a group to suit your availability/interest? Start one! SmallGroups@ChesterRoadBaptist.org.uk