



## **Small Group/ Reflection Notes**

	w/c 13 <sup>rd</sup> November 2022		Living Well: Sacrificially
Start	□ Read Eric Carle's <i>The Very Hungry Caterpillar</i> .		
PSQ Discuss	☐ We recently marked Remembrance Sunday. What, if any, personal connection do you have to Remembrance Day/ Sunday?		
Read	Romans 12:1-2	ch-up	ChesterRoadBaptist.org.uk/Watch
Explore	<ul> <li>What does it mean to go all-in with God? Why does God want access-all-areas to all aspects of our lives? How does that make you feel?</li> <li>How do you offer your whole-self to God: body, mind and spirit? To what extent is/ can your body be holy? And pleasing/ bring pleasure to God?</li> <li>In view of God's mercy, how does God sacrifice(s) help us live sacrificially? What does it mean to be a <i>living</i> sacrifice?</li> <li>Holiness is being <i>set apart</i> for its <i>specific purpose</i>. What does that mean for you/ us?</li> <li>What is worship? Why is it not just singing on Sundays? How can the way we <i>live</i> on Mondays be worship?</li> <li>How can we avoid conforming to what others/ culture says?</li> <li>Just as a hairy wiggly caterpillar is transformed (metamorphosis) into a beautiful, graceful butterfly, how has/ is <i>your</i> life being transformed by Christ? What transformation do you see in others?</li> <li>What does it mean to <i>renew your mind?</i> John Stott famously said, I wish I'd been more dogmatic about the things</li> </ul>		
Go further	□ Romans chapter 12 is a turning point in Paul's case for Christ, moving from theology to practice. Looking back over Romans 1-11, can you summarise what "Therefore" encompasses?		
Reflect	<ul> <li>Which one verse stands out to you? Why do you think it grabs your attention?</li> <li>Which verse(s) will you need to think more about? Why?</li> <li>What does going all-in for God look like for you? Where's the opportunity?</li> </ul>		
Do	<ul> <li>Paint a butterfly (picture, not a real papilionem!)</li> <li>Go caterpillar/ butterfly watching. Why late Autumn to early Spring can't you find any? Where are they? What are they doing?</li> </ul>		
Pray	Dear God, In view of Your mercy, I offer my whole-self – my body, mind, and spirit – to You. May I be a living sacrifice, holy and pleasing to You. This is my true worship of You. Help		

	me not to be conformed to the pattern of this world, but instead to be transformed by the renewing of my mind and the way I think. Help me to test and accept what Your good, pleasing and perfect will for my life is. Amen		
My questions:			

If you're not yet in a small group, why not join one! Check out: <u>ChesterRoadBaptist.org.uk/SmallGroups</u>
Can't see a group to suit your availability/interest? Start one! <u>SmallGroups@ChesterRoadBaptist.org.uk</u>