



Small Group/ Reflection Notes

	20.02.22	Let's Talk About [It] – good sex	
 Start	<ul style="list-style-type: none"> <input type="checkbox"/> What have you brought with you today from your week? e.g. an incident, a feeling, a concern, a blessing, a question... 		
 Discuss	<ul style="list-style-type: none"> <input type="checkbox"/> Think of a memorable wedding? What did you like about it? <input type="checkbox"/> The average UK wedding costs over £31,000. How? Why? Why might this put some people off getting married? <input type="checkbox"/> What's been your attitude to 'sex before marriage'? <input type="checkbox"/> What's the difference between 'erotic' and 'intimacy'? Is it, <i>either/ or</i> or <i>both/and</i>? Where on that spectrum is pornography? <input type="checkbox"/> Why is grace so vital to keep centre stage when talking about sex? Why do so many Christians struggle with God's extravagant/ total grace? <input type="checkbox"/> Why is it that, the more we talk about sex, the more we end up talking about God? 		
 Read	1 Corinthians 6:12-20	 Catch-up	ChesterRoadBaptist.org.uk/Watch
 Explore	<ul style="list-style-type: none"> <input type="checkbox"/> v.12: It is <i>permissible</i> to drive at 30/ 40/ 50 MPH on the Chester Road. Why is it not <i>beneficial</i> to drive at these speeds over the roundabouts? Why are some things <i>permissible</i>/ legal but not necessarily <i>beneficial</i>? Give other examples. <input type="checkbox"/> v.12: How can some things that are natural, if we're not careful, end up controlling us? e.g. eating, exercise, work, affirmation, sex...How can they make us feel: in the moment? Afterwards? How do you be the boss of these? <input type="checkbox"/> How can sex sometimes be used to mask, numb, or replace our feelings? <input type="checkbox"/> To what extent do you think, like the cosmo city of Corinth, society today says, "anything goes", "everything is permissible"? <input type="checkbox"/> Why is faithfulness in a relationship such an important virtue/ behaviour? <input type="checkbox"/> If a couple know they are committed to each other "till death us do part" how can this enable them to have better sex? How does/ might sex change at different life stages? <input type="checkbox"/> "Monogamy is not just 'Don't have sex with someone other than your partner', it's also DO have sex with your partner." What happens if only the negative is taught or experienced? Why is sex important in a monogamous relationship? <input type="checkbox"/> What's the difference between a <i>marriage</i> and a <i>wedding</i>? To what extent can you have one without the other? <input type="checkbox"/> What's more important for a couple, having a wedding certificate or living faithfully/ monogamously together? <input type="checkbox"/> Does the Bible's teaching on faithfulness/ monogamy only apply to opposite sex attracted/ heterosexual couples? 		

 Go further	<ul style="list-style-type: none"> <input type="checkbox"/> Read Genesis 1 & 2. <input type="checkbox"/> If this is a <i>literal</i> account of how the first two humans, Adam and Eve, were created, how can their grandchildren be explained without having to say God's design relied on incest? <input type="checkbox"/> If 'Adam' and 'Eve' are symbolic of all humanity (all of us), does that change our attitudes to gender expectations, sexual orientation...?
 Reflect	<ul style="list-style-type: none"> <input type="checkbox"/> Which one verse stands out to you? Why do you think it grabs your attention? <input type="checkbox"/> Which verse(s) will you need to think more about? Why? <input type="checkbox"/> What is God putting on <i>your</i> heart?
 Do	<ul style="list-style-type: none"> <input type="checkbox"/> Volunteer to serve at weddings. <input type="checkbox"/> If you're in a "one flesh" relationship, create time to be more monogamous together.
 Pray	<p><i>God of grace,</i></p> <p><i>Thank you for _____. Help me with _____. Forgive me when I have _____. Strengthen me to _____.</i></p> <p><i>Amen</i></p>
 My questions:	

If you're not yet in a small group, why not join one! Check out: ChesterRoadBaptist.org.uk/SmallGroups
 Can't see a group to suit your availability/interest? Start one! SmallGroups@ChesterRoadBaptist.org.uk