



## **Small Group/ Reflection Notes**

	03-01-2021		It's all about Zoe!
	☐ What was your Christmas/ New Year like?		
	☐ Other than simply be more fabulous, what if any other new years resolutions		
Stort	have you made?		
Start	☐ I'm a ballet-obsessed muppet. I have a score of 12. Millions start the day with		
	me. Who am I? [answer: Zoe]		
	☐ How many famous people named Zoe can you list?		
Discuss	☐ When do you feel most 'alive'?		
-22- A-22-		0	
	John 1:1-5	20	ChesterRoadBaptist.org.uk/Watch
Read		Listen again	ChesterRoadBaptist.org.uk/Talks
11000	☐ Luke 8:14: "Those who are choked by <u>life</u> 's [Greek: bios, physical life] worries."		
	What are examples of life's <i>physical</i> worries? What are yours?		
rot	☐ Matthew 16:25: "For whoever wants to save their <u>life</u> [Greek: psuche, soul life],		
Discuss	shall lose it." How are we more than just our physical bodies? Thoughts, soul		
	☐ John 1:4 - "In Him was <i>life</i> [Greek: Zoe] and the <i>life</i> [Zoe] was the light of all		
	people."		
	☐ John 5:26: "For as the Father has <u>life</u> [Zoe] in Himself, so He has granted the		
	Son also to have <u>life</u> [Zoe] in Himself." Where does <i>Zoe</i> <u>life</u> come from?		
	☐ If we are adopted into God's family through Christ, what does that say about		
	the new life we can/ should live?		
	☐ John 10:10: What kind of life does Jesus want for you and I?		
	☐ What does it mean to live abundantly, to live life to the full? To what extent do		
	you/ have you experienced this?		
	☐ John 10:10: Why do substitutes today of consumerism, individualism,		
	materialism, media, not bring the full Zoe <u>life</u> that Jesus was promising?		
Go further			
Q	☐ Which one verse stands out to you? Why do you think it grabs your attention?		
	☐ Which verse(s) will you need to think more about? Why?		
Reflect	☐ How well am I living life, in body, mind, <i>and</i> spirit?		
الد الم	☐ To strengthen my body I will ☐ To strengthen my mind I will ☐ To strengthen my spirit I will		
S-31			
F			
Do			
jM)s	Dear God,		
13	Thank you that Jesus is the Way, the Truth and the Life. Help me to live the Zoe life you		
Pray	always intended for me. Amen.		



If you're not yet in a small group, why not join one! Check out: <u>ChesterRoadBaptist.org.uk/SmallGroups</u> Can't see a group to suit your availability/interest? Start one! <u>SmallGroups@ChesterRoadBaptist.org.uk</u>