



Small Group/ Reflection Notes

	25-06-2023	YOLO! Live in the dash
Start	☐ Where have you seen beauty this week?	
P Discuss	 □ What has been your best/ most enjoyable stage of life to date? And hardest? □ Danny said, when dealing with the highs and lows of life, we can sometimes confuse the 'departure lounge' with our final destination? What did he mean? □ Does this metaphor work/ help? 	
Read	Ecclesiastes 3:1- 15	ChesterRoadBaptist.org.uk/Watch
Explore	□ v.1: How would you describe your current 'season of your life'? □ v.2-8: This lists 28 'seasons of life', in paired opposites. Which of these stand out for you? Which have applied to you? When? How? □ v.5b: There's a time for having sex and a time for not having sex. How is the same word used/ what is happening in Song of Songs 2:6? Why is it that we are sometimes more coy than God about intimacy/ bodily functions of life? □ v.11a: How, even in some of the most difficult 'seasons of life' can we still experience 'beauty'? e.g. the kindness of strangers, laughter in a hospice When, in tough times, have you experienced or seen such 'beauty'? Why does Ecclesiastes say, don't deny/ escape the 'tough times'; instead, become even more present in moment, whether good or bad? □ v.11b: Why, when we see 'beauty', is it 'heavenly'? What does it mean to have 'eternity within us'? How does having an eternal perspective help us deal with the real life, here & now? □ v.15: Ecclesiastes says, don't look back in anger/ dwell on the past (it's happened, there's nothing you can do to change it) or be anxious about the future (what might or might not happen). How is this liberating? □ v.12: At funerals we remember someone by their birth and death e.g. 1968 – 2023. Why, in effect, is Ecclesiastes saying, 'live in the dash'? □ v.14: What does it mean to 'fear God'? How is this so often misunderstood/ misused, and so discredits God?	
Go further	 □ Watch the Bible Project overview of the Book of Ecclesiastes (8 mins) □ Some imply God has predetermined our life, from birth to death and everything in between, like a jigsaw, with each piece being another 'life event'. Do you find this helpful or unhelpful? Why? How does this contrast with Ecclesiastes 1:2? 	
Reflect	☐ Which one verse stands out☐ Which verse(s) will you need☐ What des it mean for you to	-

Do	☐ Take a moment to identify the beauty that is all around you?
Pray	
My questions:	

If you're not yet in a small group, why not join one! Check out: Check out: ChesterRoadBaptist.org.uk/SmallGroups
Can't see a group to suit your availability/interest? Start one! SmallGroups@ChesterRoadBaptist.org.uk.